



## Golf School District 67

# Physical Restraint, Time Out, Isolated Time Out Reduction Plan

<b><u>RTO Reduction Goal:</u></b> The plan's objective shall be less than 3 incidents in the use of physical restraint, time out, and isolated time out over a 12-month period for students.				
Required Components	Action Plan	Steps to Complete Action Item	Timeline	Responsible Party
<b>Provide details of a plan to support a vision for cultural change that reinforces the following:</b>				
A) Explain how the entity plans to adopt and utilize positive behavioral interventions and support rather than physical restraint, time out, and isolated time out	In District classrooms, positive behavioral interventions that have been adopted include, but are not limited to Foundations, CHAMPS, De-escalation Strategies, behavior matrix which support non-coercive environments.	District administration and specialists (behavioral specialists, psychologists, social workers, etc.) will collaborate with school teams (including teachers, teacher assistants, support staff, and building administration) for ongoing support in utilizing positive behavioral interventions. This may include a review of school behavioral data, behavioral support expectations, recognition systems, and internal committee monitoring.	2022-2023 school year	Oversight team
B) Identify effective ways/best practices to de-escalate situations to avoid physical restraint, time out, and isolated time out	Provide professional development and training on de-escalation techniques, behavior management strategies, trauma-sensitive practices, implicit bias, special education including CPI.	Ongoing professional development/support, training, and collaboration annual refresher will be provided as well as planned support for onboarding.	2022-2023 school year	Oversight team

<p>C) Describe how the entity will utilize crisis intervention techniques as an alternative to physical restraint, time out, and isolated time out.</p>	<p>Provide professional development and training on crisis methods/materials and techniques. Utilize a crisis intervention protocol. Identify crisis intervention responders and roles for staff.</p>	<p>Develop/Implement consistent training methods/materials and schedule for trainings. Ongoing professional development/training, support, and collaboration will occur as well as planning for onboarding for new hires.</p>	<p>2022-2023 school year</p>	<p>Oversight team</p>
<p>D) Describe the entity’s plan to utilize debriefing meetings to reassess what occurred and why it occurred and to think through ways to prevent the use of intervention the next time.</p>	<p>Proactive regular team meetings to plan for students as well as utilization of the Individual Student Plan for any student that meets the criteria.</p>	<p>Ensure staff are aware of and utilize debriefing Procedures. Document debriefing efforts. Ensure debriefing consistent with the requirements for reviewing and analyzing time extended instances or repeated instances of their use.</p>	<p>2022-2023 school year</p>	<p>Oversight team</p>
<p>E) Include action step(s) that describe procedures to ensure that appropriate school personnel is fully informed of the student’s history, including any history of physical or sexual abuse, and other relevant medical mental health information. Such disclosures of student information must be consistent with federal and state laws and rules governing student confidentiality and privacy rights.</p>	<p>Develop/implement procedures for ensuring that appropriate school personnel are fully informed of the student’s history, including any history of physical or sexual relevant medical mental abuse, and other health information.</p>	<p>Share relevant information with appropriate school personnel at the beginning of the school year to the extent that it impacts behavior management, escalation, crisis management, etc.</p>	<p>2022-2023 school year</p>	<p>Oversight team</p>

<p>F) Identify steps to develop individualized student plans as required by PA 02-0339. Plans should be separate and apart from a student IEP or 504 Plan.</p>	<p>For students that have experienced 5 or more instances of restraint, time out, or isolated time out (RTO) in a 30-day period convene IEP team and review BIP.</p>	<p>Develop, implement and determine procedures for reviewing individual student plans. Review and analyze individual student data related to RTO and current BIP.</p>	<p>2022-2023 school year</p>	<p>Oversight team</p>
<p>G) Describe how the information will be made available to parents for review.</p>	<p>Method of communication for how the District will notify parents and guardians that the plan is available for review: District Website upon request.</p>	<p>Through the website posting the District will notify parents and guardians that the plans and reports are available for review upon request.</p>	<p>2022-2023 school year</p>	<p>Oversight team</p>
<p>H) Describe a modification process (as necessary) to satisfy the aforementioned goals.</p>	<p>District Administration and relevant specialists will review data annually to ensure the district is making progress towards goals and procedures are in line with all laws, recommendations, and directives.</p>	<p>Plan is available for the review upon request. Oversight team will review plan and make adjustments to the plan and goal on an ongoing basis.</p>	<p>2022-2023 school year</p>	<p>Oversight team</p>