


September 2022

Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday																															
<p>BREAKFAST PRICES:</p> <table> <tr><td>Elementary</td><td>CEP</td></tr> <tr><td>Middle</td><td>CEP</td></tr> <tr><td>High</td><td>\$1.60</td></tr> <tr><td>Reduced</td><td>\$0.30</td></tr> <tr><td>At Cost</td><td>\$3.25</td></tr> </table> <p>LUNCH PRICES:</p> <table> <tr><td>Elementary</td><td>CEP</td></tr> <tr><td>Middle</td><td>CEP</td></tr> <tr><td>High</td><td>\$2.10</td></tr> <tr><td>Reduced</td><td>\$0.40</td></tr> <tr><td>At Cost</td><td>\$5.00</td></tr> </table> <p><u>Menus are subject to change as needed.</u> <u>Choice of milk is offered with every meal.</u></p>	Elementary	CEP	Middle	CEP	High	\$1.60	Reduced	\$0.30	At Cost	\$3.25	Elementary	CEP	Middle	CEP	High	\$2.10	Reduced	\$0.40	At Cost	\$5.00	<p>EXTRAS:</p> <table> <tr><td>Milk</td><td>\$0.50</td></tr> <tr><td>Bread</td><td>\$0.50</td></tr> <tr><td>4 oz Juice</td><td>\$0.50</td></tr> <tr><td>6.75 oz Juice</td><td>\$0.50</td></tr> <tr><td>Fruit/Vegetable</td><td>\$0.50</td></tr> <tr><td>Dessert</td><td>\$0.50</td></tr> </table> <p>Entrees: <u>Elementary \$1.25 High \$1.50</u></p>	Milk	\$0.50	Bread	\$0.50	4 oz Juice	\$0.50	6.75 oz Juice	\$0.50	Fruit/Vegetable	\$0.50	Dessert	\$0.50	<p>¹</p> <p>Sausage Link Toast w/Jelly, Pears Assorted Juices</p> <p>Chicken Stew w/Brown Rice Steamed Cauliflower Hot Roll Strawberry Applesauce</p>	<p>²</p> <p>Chocolate Chip Muffin Fresh Fruit Assorted Juices</p> <p>Chicken Nuggets Spaghetti & Cheese Green Salad w/Ranch Dressing Seasoned Green Beans, Wheat Roll Fruit Cocktail</p>
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<p>⁵</p> 	<p>⁶</p> <p><i>Manager's Choice</i></p>	<p>⁷</p> <p>Toaster Pastries Fruit Cocktail Assorted Juices</p> <p>Hot Dog w/Bun Chili Coleslaw, Steamed Corn Chilled Peaches Cookie</p>	<p>⁸</p> <p>Breakfast Pizza Pineapple Assorted Juices</p> <p>Potato Stew with Smoked Sausage & Brown Rice Seasoned Green Beans Whole Wheat Roll Fruit Cocktail</p>	<p>⁹</p> <p>Donut Apple Assorted Juices</p> <p>Grilled Cheese Sandwich Steamed Mixed Vegetables Blushing Pears Cookie</p>																															
<p>¹²</p> <p>Muffin Sliced Peaches Assorted Juices</p> <p>Hamburger w/Bun Baked Beans Lettuce/Tomato/Pickle Slices Strawberry Applesauce Chocolate Chip Cookie</p>	<p>¹³</p> <p>Breakfast Pizza Applesauce Assorted Juices</p> <p>Lasagna Green Salad w/Spinach Steamed Broccoli Whole Wheat Roll Pineapple w/Cherries</p>	<p>¹⁴</p> <p>Sausage Biscuit Fruit Cocktail Assorted Juices</p> <p>Chicken Patty w/Bun Lettuce/Tomato/Pickle Slices Steamed Corn Blushing Pears</p>	<p>¹⁵</p> <p>Pancake On A Stick w/Syrup Pears Assorted Juices</p> <p>Pizza Oven Fries Fresh Carrot Sticks Fresh Fruit Chocolate Chip Cookie</p>	<p>¹⁶</p> <p>French Toast Sticks w/Syrup Fresh Fruit Assorted Juices</p> <p>Shrimp Gumbo or Stew w/Brown Rice Steamed California Vegetables Potato Salad Crackers Fruit Cocktail</p>																															
<p>¹⁹</p> <p>Breakfast Pizza Sliced Peaches Assorted Juices</p> <p>Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread Chilled Peaches</p>	<p>²⁰</p> <p>French Toast Sticks w/Syrup Chilled Pineapple Assorted Juices</p> <p>Meat Sauce w/Whole Grain Spaghetti Steamed California Vegetables Romaine Lettuce w/Tomato Wedges Whole Wheat Roll Fresh Apple</p>	<p>²¹</p> <p>Assorted Cereal Toast, Fruit Cocktail Assorted Juices</p> <p>Pizza Steamed Corn Carrots Sticks w/Ranch Dressing Blushing Pears</p>	<p>²²</p> <p>Sausage Link Toast w/Jelly, Pears Assorted Juices</p> <p>Meat Loaf Mashed Potatoes w/Brown Gravy Green Peas, Whole Wheat Roll Lettuce & Tomato Salad Fruit Cocktail</p>	<p>²³</p> <p>Chocolate Chip Muffin Fresh Fruit Assorted Juices</p> <p>Chicken Nuggets Spaghetti & Cheese Tossed Salad w/Ranch Dressing Green Beans, Whole Wheat Roll Chilled Pineapple</p>																															
<p>²⁶</p> <p>Pancakes or Waffles w/Syrup Pear Halves Assorted Juices</p> <p>Hamburger w/Bun Sweet Potato Wedges, Corn Lettuce/Tomato/Pickle Slices Chilled Peaches Chocolate Chip Cookie</p>	<p>²⁷</p> <p>Sausage Biscuit Jelly, Peaches Assorted Juices</p> <p>Potato Stew with Smoked Sausage & Brown Rice Seasoned Green Beans Coleslaw, Whole Wheat Roll Mixed Fresh Fruit Salad</p>	<p>²⁸</p> <p>Toaster Pastries Fruit Cocktail Assorted Juices</p> <p>Chicken Patty w/Bun Garden Salad w/Italian Dressing Steamed Sliced Carrots Orange Slices</p>	<p>²⁹</p> <p>Breakfast Pizza Pineapple Assorted Juices</p> <p>Meat Sauce w/Whole Grain Spaghetti Steamed Broccoli Garden Salad w/Italian Dressing Whole Wheat Roll Pineapple Tidbits</p>	<p>³⁰</p> <p>Donut Apple Assorted Juices</p> <p>Fish Sticks White Beans w/Steamed Rice Romaine Lettuce w/Tomato Wedges Whole Wheat Roll Fruit Cocktail</p>																															

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