

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1ST **French toast sticks, syrup, fruit, juice & milk
**Chicken nuggets, ketchup, ranch, BBQ, green beans, rosy applesauce & milk

2ND **Cook's choice☺ Grain, fruit, juice & milk
**Stuffed crust Pepperoni pizza, corn, fruit cocktail & milk

5TH **Mini pancake maple bites, syrup, fruit, juice & milk
**Steak fingers, ketchup, mashed potatoes, gravy, sliced apples & milk

6TH **Sausage pizza, fruit, juice & milk
**Macaroni & cheese, zoo chicken nuggets, ketchup, BBQ, ranch, baby carrots, red grapes & milk

7TH **Strawberry pancake bowl, fruit, juice & milk
**Mr. Rib, Hoagie bun, ketchup, BBQ, baked beans, watermelon & milk

8TH **Confetti pancakes, syrup, fruit, juice & milk
**Creamed chicken over biscuits, peas, peaches, cottage cheese & milk

9TH **Cook's choice☺ Grain, fruit, juice & milk
**French bread Pepperoni, corn, banana & milk *fruit cobbler* ☺

12TH **Pancake wrap, syrup, fruit, juice & milk
**Lasagna, green beans, garlic bread, pears & milk
Cookies ☺

13TH **Ham, egg & cheese breakfast bar, fruit, juice & milk
**Flyin saucers-ham patty, mashed potatoes, hot cheese, roll/butter, mandarin oranges & milk

14TH **Bacon & cheese pizza, fruit, juice & milk
**Hard shell tacos-taco meat, lettuce, cheese, sour cream, salsa, Texas ranchero pinto beans, rice, onion, fresh pineapple & milk

15TH **Biscuits & gravy, sausage link, fruit, juice & milk
**Spaghetti & meatballs, garlic knot, lettuce salad, ranch, fresh mixed fruit & milk

16TH **Cook's choice☺ Grain, fruit, juice & milk
**Hot ham & cheese, bun, ketchup, mustard, green beans, banana & milk

19TH **French toast cinnamon glazed, syrup, fruit, juice & milk
**Breaded pork steak, bun, ketchup, ketchup, mustard, pickles, curly fries, sliced apples & milk
Cooks Christy's Birthday ice cream

20TH **Strawberry parfaits, granola bar, fruit, juice & milk
**Scalloped potatoes & ham, cooked carrots, mandarin oranges, bread & butter & milk

21ST **Breakfast wrap, syrup, fruit, juice & milk
**Hotdog on a bun, FF, ketchup, mustard, relish, pears & milk

22ND **Sausage, pizza, fruit, juice & milk
**Roast beef, potatoes, gravy, carrots, roll & margarine, fresh fruit & milk
assorted pies ☺

23RD
WINTER BREAK

26TH
WINTER BREAK

27TH Winter Break



PAC Cafe' Cook Christy

28TH B
WINTER BREAK

29TH
WINTER BREAK

30TH
WINTER BREAK

DEC MENU 2022

Have a Merry Christmas Indians



ANNOUNCEMENTS:
FREE seconds & FREE milk to all Pocahontas Area students



"This institution is an equal opportunity provider"

www.pacsd.org

To view PAC menus.. Click on parents, scroll down to services to get to the Nutrition page ☺



TEXAS DEPARTMENT OF AGRICULTURE

GO INDIANS!

Drill team, Wrestling, Basketball, Holiday concerts, Band, FFA & Bowling

Have a rested & joyful Christmas break INDIANS! PAC Cafe Cooks