

DECEMBER 2022

Lunch & Breakfast Menu

Any questions or concerns about the menu please contact Christy Johnson at cjohnson@spencersacredheart.com or at 712-262-6428

This Menu is subject to change without notice depending on availability or quality of products



Monday



Tuesday

Wednesday

Thursday

Friday

Breakfast: Cereal **5**
Lunch: Meatloaf, Potato Wedges, Corn, Pears

Breakfast: Toast, Sausage Links **6**
Lunch: Beef Dippers, Carrots, Bread Stick, Whole Fruit Cup

Breakfast: Granola Bar, Yogurt **7**
Lunch: Hot Dog W/Bun, Baked Beans, Broccoli, Mandarin Oranges

Breakfast: WG Pancakes **8**
Lunch: Cavatini, WG Roll, Green Beans, Mixed Fruit

Breakfast: Poptarts **9**
Lunch: Ham, Mashed Potatoes, Green Beans, WG Roll, Strawberries

12
NO SCHOOL

Breakfast: Cereal **13**
Lunch: Scrambled Eggs w/Ham, French toast sticks, Tater Tots, Carrots, Applesauce.

Breakfast: Snack Bread **14**
Lunch: Lunch Meat Sandwich, Tomato Sliced, Romaine Lettuce, WG Chips, Raisins

Breakfast: Toast, Little Smokies, **15**
Lunch: Chicken (nuggets Or Popcorn), Corn, Mixed Fruit

Breakfast: WG Donuts **16**
Lunch: Pizza, Celery, Pineapple

19
NO SCHOOL

20
NO SCHOOL

21
NO SCHOOL

22
NO SCHOOL

23
NO SCHOOL

26
NO SCHOOL

27
NO SCHOOL

28
NO SCHOOL

29
NO SCHOOL

30
NO SCHOOL

**** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER****

All breakfasts are served with a choice of 1% white or low fat chocolate milk, juice and fruit

All lunches are served with a choice of 1% white milk or low fat chocolate milk