



Our Lady of Lourdes - France

Our Lady of Lourdes appeared to Bernadette Soubirous 17 times in 1858 in France. She asked Bernadette to do odd things, like rub mud on her face and eat bitter herbs. These were forms of penance for the sins of the world. Bernadette would also scrape the ground and drink the muddy water that would eventually become the healing spring waters of Lourdes. Millions of pilgrims now come to Lourdes to bathe in its waters as they seek miraculous healings. The healings they receive remind us of the spiritual healing we should all seek. Our Lady of Lourdes reminds us that as we confess our sins and perform acts of penance, our soul is healed to the original beauty it received from God.