

# Ron Sippel

## Class of 1975

# 2018 Hall of Fame Inductee

**State Individual Champion (1973)  
Cross Country - One Mile**



Ron won the one mile race at the state level in 1973, which was the last year of that event for cross country. This makes Ron an automatic qualifier for the St. Mary's Hall of Fame.

Ron hung up the spikes and went on to attend Iowa State University. After that, he made a successful career as a trader in Chicago. He retired from the physical pits of the Chicago Mercantile Exchange, but is still a member of the CME, trading electronically on a regular basis.

Ron left St. Mary's with 6 track and field records. Ron is still the record-holder in the pole vault (11'), the mile (4:30.3) and the 800 meter (2:02.2). (Iowa has discontinued the pole vault event.)

Ron and his brother, Scott (who had played basketball under Coach Brian Van Haaften), sponsored the state winning 1993 baseball team later that year to a skybox for a Chicago White Sox game.

Ron married Maureen Linnan ('82) in 1988. They have two children, David and Anna. They live in Naples, Florida, summer in New Buffalo, Michigan and follow St. Mary's closely.