

Happy Mother's Day RPPS families,

Spring has sprung around RPPS. And the best news is that our play structures are ready to re-open for recess times on Monday! Each year we conduct an inspection of the structures, as well as roto-till the sand / mulch to ensure the ground is soft enough for students during play.

RPPS 100th celebrations begin September 2022

- **RPPS tulip bulbs.** The Dragon's Breathe tulips are starting to appear in our gardens. Watch for their colours and for details of tulip bulb sales as part of our first 100th anniversary fundraiser.
- **Save the date. 100th kick-off event.** In September, RPPS will kick-off 100 years of learning at our school with a community event on 16 September. Stay tuned for more details.

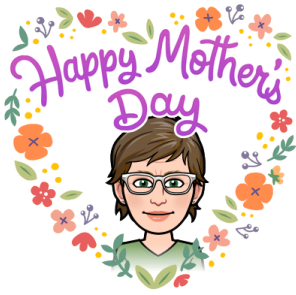
RPPS Book Fair

- **What is Book Fair?** The RPPS Book Fair is an annual historic event which involves both parent and community volunteers, along with RPPS staff. If you are new to Book Fair, click here to read about the [History of Book Fair](#), or if you would like to see it for yourself, [visit our Gallery of photos](#)
- Join the volunteer team. Book Fair is in need of a volunteer coordination team and a co-chair team. Click here for [current info on volunteering](#) on the Book Fair website, or you can also find more specific info on the [role of each team](#). If you are interested in volunteering, please contact: rockcliffeparkbookfair@gmail.com
- **What do we do with funds raised?** The funds are used both inside the classroom and beyond through field trips, Forest Learning subsidies, guest speakers, a new sound system, the school garden, MakerSpace robotics and more. It not only raises funds for our school but for other local schools in need.

RPPS information - non-Covid items.

- **May School Council meeting.** The May School Council meeting is scheduled for 10 May ([draft Agenda](#) and/or [April minutes](#)). If you would like to attend the meeting, [click here](#) and you will be added to the list of attendees.
- **How to Raise Kids Who Aren't Afraid of Math (Even If You Are)! (19 May - 7:00 - 8:00 pm).** [Click here to sign up](#) for the parent workshop presented by Vanessa The Math Guru (limit of 50 parents) and the School Councils from Rockcliffe Park, Roland Michener, and Lakeview PS. The Math Guru was founded in 2010 by Vanessa Vakharia, a certified high school math teacher with a Masters in Mathematics Education. Vanessa used to hate hate math. In fact, she failed grade 11 math twice (twice!) and decided she was simply not a "math person." Then she changed schools. She decided to brave another math course with an open mind. This is when she realized: There is no such thing as a "math person." Click on this link to learn more about [Vanessa The Math Guru](#).
- **Dreamcatcher workshop and learning.** School Council invites RPPS families to create your own dreamcatcher and learn about the traditional origin story of dreamcatchers and the traditional teachings of the medicine wheel with four sacred colours, directions and medicines. To request a kit and take part in this learning, [please click on this link](#).
- **Learning Commons updates.** Our librarian, Cilina, has been working hard to organize the RPPS collection, as well as update our database. The final items and clutter will be cleared away this week, and we will start to pick a date for its reopening. We will select virtual grande opening date to allow parents to see all the work which has gone into the upgrades and renovations.

This week's jokes are connected to those who used music while gardening this past weekend 1) What is a gardener's favourite Beatles song? ... *Lettuce Be*, 2) What does Elton John not like lettuce? ... *because he's more of a Rocket Man*, and 3) What song does a gardener choose while picking herbs?...*Sweet Chive o' Mine*.



Madame Mace, Spring in Her Step Principal
Be Kind, Be Brave... Be a Dragon.

Key upcoming dates

- 10 May - RPPS School Council
- 10 May - Bear Witness Day
- Jewish Heritage Month
- Asian and South Asian Heritage Month

Mental health resources and supports

The OCDSB has compiled a [list of mental health and community supports](#). For more information on taking care of our own mental health as well as that of our families, please visit the [Ottawa Public Health website](#).

- [1Call1Click](#) a simple way to access mental health supports for children, youth and families
- [Counselling Connect](#) free video or phone counselling sessions for children, youth and families
- [Parents Lifeline of Eastern Ontario](#) Family peer support services 613-321-3211
- [Distress Centre](#) Crisis line (24/7) 613-238-3311 in English and [Tel-Aide Outaouais](#) 613-741-6433 in French
- [YSB Crisis Line](#) 613-260-2360 or online chat at chat.ysb.ca
- [Hope for Wellness Helpline](#): Available for all Indigenous peoples across Canada, offers experienced and culturally competent counsellors 1-855-242-3310 or chat <https://www.hopeforwellness.ca/>. Phone counselling is also available in Cree, Ojibway, and Inuktitut.