

- 23 Sept - RPPS Open House
- 30 Sept - Orange Shirt Day
- **Dragon Tales.** [Click here to see Mme. Mace read The Very Cranky Bear](#) to wrap up the school year. Many of us may feel tired at this time of year. Watch for a weekly story over the summer.
- **Preparing for a Mental Healthy Return to Learning: Parent sessions.** Three sessions will be offered in August for parents to speak with mental health professionals about preparing and supporting their children's return to school. These one-hour sessions will be held on: 24 and 26 August (7:00 pm) - focus on elementary aged students or 30 August (7:00 pm) - focus on secondary students.
- **New youth mental health and addiction service.** The Kids Come First Health Team officially launched [1Call1Click.ca](#), a unique service in Canada that makes it easier for children, youth and families of Eastern Ontario to find the care they need for mental health and addiction.
- **Vaccine Update:** Accelerated second dose eligibility. Ontario is accelerating second dose eligibility over the next two weeks. [Learn more here.](#) More appointments continue to be available in Ottawa for individuals 12 and older through the Ontario website: <https://covid-19.ontario.ca/book-vaccine/>

I will leave you with 3 final jokes to highlight what I will be doing this summer: getting outside to restart my triathlon training. What will you do this summer to rest, heal and relax? 1) Why did the bicycle need a nap?... *because he was too tired*, 2) What did the ocean say to the beach?... *nothing, it just waved*, and 3) Why don't triathletes run behind a car?... *because they get exhausted*.

If you haven't seen it, the [Shepherds of Good Hope fundraiser song](#) featuring one of my favourite artists, Kathleen Edwards, highlights the promise of a bright tomorrow after the end of a long, cold, lonely winter. It reminds us to make sure that no one should feel alone or forgotten in our community. It also reminds me that the sun is a healer and we need to take time to heal over the summer, as we "break up with Google" and leave the screens behind. I look forward to seeing you InPerson in September.

Madame Mace, Principal who is breaking up with Google in July.