

WASHBURN COUNTY MENTAL HEALTH TASK FORCE & CAP

Who we Are

The Mental Health Task Force & Community Alliance for Prevention (CAP) are two groups in Washburn County comprised of various coalition members and community partners. Our partners include: human service agencies, mental health providers, community organizations, and school counselors.

Mission

◆ To identify, address and improve mental health issues that face our community.

◆ Coordinating community resource to prevent substance abuse and addiction while building resiliency among our youth.

Visions

- ◆ Reduce the stigma that is associated with mental health issues
- ◆ Improve access to mental health care
- ◆ Increase awareness of mental health issues through educational programming
- ◆ Identify and address mental health issues that face our community
- ◆ Promote suicide awareness within our community



Washburn County Health & Human Services Department offers a variety of mental health & AODA services for children, families and individuals. Services include: information & referral services, assistance with outpatient therapy, mental health crisis intervention, AODA residential placements, mental health hospitalization and case management programs highlighted below:

Comprehensive Community Services (CCS) is a mental health or AODA program for children and adults:

- Consumers develop their own goals and team members
- Choose from a wide array of services that support independence and quality of life
- Case management services provide support and service coordination

Community Support Program (CSP) is an intensive but flexible program for adults experiencing severe and persistent mental illness:

- Team includes case manager, therapist, psychiatrist, nurse and employment specialist
- Consumer develops their own goals with the assistance of team members
- Goals include: reduce hospitalizations, develop or maintain healthy support system and assisting the consumer to live as independently in the community as possible

Coordinated Service Team (CST) program provides services to children with complex behavioral needs:

- Team is developed by the family and includes family members, natural supports, providers and school personnel
- A plan of care is developed by the team and utilizes the wrap-around model
- Many of the services can be provided in the home or school

Washburn County Mental Health Task Force & Community Alliance for Prevention

Washburn County Health & Human Services

PO Box 250
110 4th Avenue
Shell Lake, WI 54871

Phone: 715-468-4747
Fax: 715-468-4753

E-mail: humansex@co.washburn.wi.us

Mental Health & AODA Resources

for

Washburn County & Surrounding Areas



Washburn County
Mental Health Task
Force & Community
Alliance for
Prevention (CAP)

Help is available, right now and in your community! Data shows that 1 in 4 people are affected by depression. Don't wait, contact someone in your area today. **You are not alone!**

Guide to Mental Health Services and Resources

Alcohol, Drug & Other Addictions (AODA)

AURORA Community Counseling (MA) 715-635-4858 Spooner or Siren
 Caillier Clinic, Ltd. (MA) 715-234-5388 Rice Lake
 North Lakes Community Clinic (MA,SF) 715-466-2201 Minong or Hayward
 Washburn County Human Services Dept. (MA, SF) 715-468-4880 Shell Lake
 Whole Life Services (MA) 715-939-1248 Spooner

Crisis Numbers

Northwest Connections (24/7) 1-888-552-6642
 Help Line (24/7) 715-931-8262
 Embrace (24/7) 1-800-924-0556

Mental Health Counseling

AURORA Community Counseling (MA, MC, SF) 715-635-4858 Spooner or Siren
 Anchor Bay (MA,MC) 715-939-1393 Spooner
 Caillier Clinic, Ltd. (MA) 715-234-5388 Rice Lake
 Families First Counseling (MA) 715-349-8913 Siren
 Laurie Carlson, LMFT (self-pay only) 715-234-4673 Rice Lake
 Lutheran Counseling and Family Services (MA, SF) 888-867-4840 Rice Lake
 Marriage and Family Health Services (MA) 715-736-5437 Rice Lake
 Mayo Clinic Health Systems 715-838-5369 Rice Lake
 North Lakes Community Clinic (MA, SF) 715-466-2201 Minong or Hayward
 Northland Counseling Services (MA) 715-634-0222 Hayward
 Rays of Clarity (MA) 715-600-5567 Spooner
 Soar Counseling (MA) 715-468-2841 Shell Lake
 Travis Hinze PH.D (MA, MC) 1-800-994-4693 Spooner, Osceola or Grantsburg
 Washburn County Human Services Dept. (MA, SF) 715-468-4880 Shell Lake

Resources for Families

Birth to 3 715-468-4747 Spooner
 Embrace 1-800-924-0556 Spooner, Ladysmith or Phillips
 Headstart 715-635-2757 Spooner
 Lakeland Family Resource Center 715-635-4669 Spooner
 Washburn County Public Health/WIC 715-635-4400 Spooner
 UW Extension 715-635-4444 Spooner

Psychiatric Services

AURORA Community Counseling (MA) 715-635-4858 Spooner or Siren
 Marshfield Clinic (MA, MC) 715-236-8100 Rice Lake
 Mayo Clinic (MA, MC) 715-838-5369 Rice Lake
 Washburn County Human Services Dept. (MA, SF) 715-468-4880 Shell Lake

Payment Sources and Key

All organizations above accept private insurance (Medica, Blue Cross, Health Partners, etc.) or allow for self-pay. Other payment options are indicated by the following:

MA—Medical Assistance (Badger Care, Medicaid, Benchmark)

MC—Medicare

SF—Sliding Fee Scale

Let today be the day
 you love yourself enough to
 no longer just dream of a
 better life; let it be the day
 you act upon it.

-Steve Maraboli